

Body Heat

Choreographer: Derek "Big Daddy" Steele

Description: 32 count, 4 wall, intermediate line dance

Music: Give Me Just One Night (Una Noche) by 98 Degrees [124 bpm / Revelation / Planet Pop 3 / Pure Dance 2001 / CD Single /] Your favorite Latin or Cha-Cha song

Start dancing on lyrics

LEFT SHUFFLE FORWARD, ½ TURN LEFT, ½ TURN LEFT, LEFT SHUFFLE BACK

1&2 Chassé forward left-right-left

3-4 Step right forward, turn ½ left (weight to right)

5-6 Touch left back, turn ½ left on ball of right foot (weight on right)

7&8 Chassé back left-right-left

FULL TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, ROCK STEP & ½ TURN LEFT

1-2 Step right back, turn a full turn right on ball of right foot (weight on right)

3&4 Chassé forward left-right-left

5&6 Chassé forward right-left-right

7&8 Rock left forward, recover to right, turn ½ left and step left

SYNCOPATED LOW KICKS (RIGHT THEN LEFT), & RIGHT STEP INTO ¼ TURN LEFT, LEFT DRAG WITH WEIGHT, RIGHT SAILOR, LEFT SAILOR

1&2& Kick right forward, step right home, kick left forward, step left home,

3-4 Take a big step right with a ¼ turn left, drag left next to right (weight on left)

5&6 Right sailor step

7&8 Sep left behind right, step right side, step left side

MONTEREY WITH ½ TURN RIGHT, WALK RIGHT, WALK LEFT, FORWARD BODY ROLL

1-2 Touch right side, bring right home while turning ½ right (weight on right)

3-4 Touch left side, step left home

5-6 Step right forward, step left forward

7-8 Step right forward while starting a forward body roll, finish body roll with weight on right

REPEAT

TAG

When using "Uno Noche", at end of 9th wall do a four count hold before starting 10th wall.