

A Dance For Moms

Choreographer: Derek "Big Daddy" Steele

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: A Song For Mama by Boyz 2 Men or You Were Mine by The Dixie Chicks

Intro: Start dancing on lyrics

ROCK, CROSS, STEP

1 Step slightly forward on right to right side

&2 Step left in place, cross right over

3 Step slightly forward on left to left side

&4 Step right in place, cross left over

5 Step slightly forward on right to right side

&6 Step left in place, cross right over

7 Step slightly forward on left to left side

&8 Step right in place, cross left over

FORWARD ROCK, SHUFFLE BACK, TOUCH, TURN, COASTER STEP

9-10 Rock right forward, recover to left

11&12 Step right back and step together left, step right back

13 Touch left back

14 Turn a full turn left on ball of right and transfer weight to left

15&16 Step right back and step together left, step right forward

BACK ROCK, SIDE SHUFFLE, CROSS ROCK, TURN, SHUFFLE

17-18 Rock left back, recover to right

19&20 Side step left & step right beside left, step left side

21 Cross/rock right 45 degrees across left

22 Recover to left prepping left foot for next count

23 Finish ¼ right turn and step right forward

&24 Step left together, step right forward

SHUFFLE FORWARD LEFT, RIGHT, LEFT, STEP, STEP

25&26 Chassé forward left-right-left

27&28 Chassé forward right-left-right

29&30 Chassé forward left-right-left

31-32 Step right forward, step left forward (weight on left)

REPEAT