

Can-Am Connection

Choreographers: Bill Macleod, Derek "Big Daddy" Steele & Ron Kline

Description: 48-count, 4-wall, beginner/intermediate line dance

Music: What Is Love by Haddaway or Da Ya Think I'm Sexy by N-Trance With Rod Stewart or Cup Of Life (Spanglish Radio Edit) by Ricky Martin

Intro: Start dancing on lyrics

KICK, STEP BACK WITH ¼ PIVOT, SHIFT LEFT AND RIGHT, STEP WITH ¼ PIVOT, KICK, SYNCOPATED BACK TOGETHER, HOLD/CLAP

1-4 Kick right forward, pivot ¼ to the right on left foot stepping right foot to right side, shift weight to left foot, shift weight to right foot

5-6 Pivot ¼ to the left on right foot stepping left foot forward, kick right forward

&7-8 Step right back, step left back even with right foot, clap

STEP, TOUCH, SIDE SHUFFLE LEFT, CROSS ROCK STEP, SIDE SHUFFLE RIGHT WITH 1 ¼ ROLL

9-10 Step right forward slightly diagonal right, touch left together

11&12 Step left side, step right together, step left side prepping toe to the left

13-14 Cross/rock onto right foot over left foot, shift weight back onto left foot prepping heel to the left

15&16 Shuffle to right side (right-left-right) rolling 1¼ turns to the right with the steps (now facing side wall, 3:00.)

Variation: step right foot to right side, step left together, step right side turning ¼ to the right with the step

LOCK STEP, FORWARD LOCK SHUFFLE, ROCK STEP, BACK SHUFFLE WITH 1½ ROLL

17-18 Step left forward, lock step right foot behind and left of left foot

19&20 Step left forward, lock step right foot up behind and left of left foot, step left forward

21-22 Rock right forward, shift weight back onto left foot prepping heel to the left

23&24 Shuffle back (right-left-right) rolling 1½ turns with the steps (now facing side wall, 9:00)

Variation: simply shuffle back (right-left-right) making a ½ turn to the right with the steps.

CHASE' FORWARD, JAZZ BOX WITH ¼ TURN

25-26 Step left forward, hold

&27-28 Step on ball of right foot next to left foot, step left forward, hold

&29-32 Step on ball of right foot next to left foot, step left forward, cross right over, step left back prepping heel to the left, pivot ¼ to the right stepping right foot to right side.(at this point you should be facing front wall 12:00)

RODEO KICKS, SAILOR STEP, KICK HITCH ¾ SPIRAL, LOCK SHUFFLE FORWARD

33-34 Kick left forward, kick left side

35&36 Cross left behind, step on ball of right foot to right, step left in place

37&38 Low kick right foot forward, hitch right knee starting ¾ spiral on left foot, hook right over left leg finishing spiral (now facing side wall, 9:00)

39&40 Step right forward, lock step left foot up behind and right of right foot, step right forward

SKATE, SKATE, LOCK SHUFFLE FORWARD, KICK & BALL, DOWN & UP

41-42 Slide forward on ball of left foot slightly diagonal left, slide forward on ball of right foot slightly diagonal right

43&44 Step left forward, lock step right foot up behind and left of left foot, step left forward

45&46 Kick right forward, step right together, touch ball of left foot forward

47&48 Bend both knees arching chest with shoulders and buttocks back, straighten knees and body, step left foot down shifting weight forward

REPEAT